

## Course Information Sheet for entry in 2017-18

### PGDip in Cognitive Behavioural Therapy

#### About the course

This course aims to equip practitioners with the enhanced CBT skills necessary to implement evidence-based treatment across a wide range of clinical presentations, and to disseminate these treatments as trainers and supervisors to other practitioners.

As a student undertaking this course, you will need to have already completed either the PGCert in Cognitive Behavioural Therapy or the PGCert in Enhanced Cognitive Behavioural Therapy. Your PGCert will be subsumed by the PGDip in Cognitive Behavioural Therapy.

This course is designed to help you achieve certain aims. By the end of the course, students should be able to:

- appreciate how theory, research and clinical practice inform each other in cognitive behavioural therapy, contributing to its continued development
- establish and practise a repertoire of enhanced cognitive behavioural skills
- develop the ability to apply these skills with specialist patient groups and problem areas encountered in their own places of work
- establish and maintain warm, respectful, collaborative relationships, and develop the ability to understand and manage difficulties in the alliance (including the student's contribution) using a cognitive conceptual framework
- through consultation, identify and resolve difficulties in practice, whether arising from theoretical, practical, interpersonal, personal or ethical problems.

There are four pathways for this course representing different specialisms: Complex Presentations, Psychological Trauma, Psychosis and Bipolar, and Supervision and Training. You will choose one specialist pathway, which you will follow for the duration of your course. If you have already completed one of these specialist pathways while undertaking the PGCert in Enhanced Cognitive Behavioural Therapy you will need to choose a different specialism for this course. The duration of each specialist pathway will vary, but the course length for the PGDip will not exceed one year.

Students will be expected to have access to treatment settings with regular clinical and CBT supervision where cognitive behavioural therapy skills can be practised and refined on a regular basis. Those applying for the Supervision and Training pathway will be expected to have access to setting with CBT trainees and supervisees.

#### Changes to courses

The University will seek to deliver each course in accordance with the descriptions set out above. However, there may be situations in which it is desirable or necessary for the University to make changes in course provision, either before or after registration. For further information, please see the University's Terms and Conditions.



**Expected length of course**

Up to 1 year, dependent on specialism

**Annual fees for entry in 2017-2018**

Fee Status	Tuition fee	College fee	Total annual fees
Home/EU (including islands)	£4,055	N/A	£4,055
Overseas	£4,055	N/A	£4,055

The fees shown above are the annual tuition and college fees for this course for entry in the stated academic year; for courses lasting longer than one year, please be aware that fees will usually increase annually. Information about how much fees and other costs may increase is set out in the University's Terms and Conditions.

Tuition and college fees are payable each year for the duration of your fee liability (your fee liability is the length of time for which you are required to pay tuition and college fees).

**Additional cost information**

This course has residential sessions in Oxford. You will need to meet your travel and accommodation costs in attending these sessions. Further, as part of your course requirements, you may need to choose a dissertation, a project or a thesis topic. Depending on your choice of topic and the research required to complete it, you may incur additional expenses, such as travel expenses, research expenses, and field trips. You will need to meet these additional costs, although you may be able to apply for small grants from your department and/or college to help you cover some of these expenses.

## Living costs

**In addition to your fees, you will need to ensure that you have adequate funds to support your living costs for the duration of your course.**

The likely living costs for 2017-18 are published below. These costs are based on a single, full-time graduate student, with no dependants, living in Oxford. We provide the cost per month so you can multiply up by the number of months you expect to live in Oxford.

	Likely living costs for 1 month		Likely living costs for 9 months		Likely living costs for 12 months	
	Lower range	Upper range	Lower range	Upper range	Lower range	Upper range
<b>Food</b>	£250	£350	£2,250	£3,150	£3,000	£4,000
<b>Accommodation</b>	£538	£619	£4,844	£5,569	£6,459	£7,425
<b>Personal items</b>	£115	£255	£1,035	£2,295	£1,380	£3,060
<b>Social activities</b>	£40	£119	£358	£1,073	£477	£1,431
<b>Study costs</b>	£38	£83	£338	£743	£451	£991
<b>Other</b>	£22	£45	£196	£407	£261	£543
<b>Total</b>	£1,002	£1,471	£9,021	£13,237	£12,028	£17,649

When planning your finances for any future years of study in Oxford beyond 2017-18, you should allow for an estimated increase in living expenses of 2% each year.

More information about how these figures have been calculated is available at [www.ox.ac.uk/admissions/graduate/fees-and-funding/living-costs](http://www.ox.ac.uk/admissions/graduate/fees-and-funding/living-costs).

24 February 2017