

## Course Information Sheet for entry in 2017-18

### PGCert in Psychodynamic Counselling

#### About the course

The Postgraduate Certificate (PGCert) in Psychodynamic Counselling is a one-year part-time course offering a broadly based knowledge of psychodynamic theory and practice, as the access point to a complete part-time training in clinical psychodynamic counselling, or as a stand-alone course.



The course forms part of the Oxford University Master's Programme in Psychodynamic Studies which is accredited by the UPCA (Universities Psychotherapy and Counselling Association). Students who complete the full programme and the necessary clinical hours will be eligible for professional accreditation via UPCA with UKCP (UK Council for Psychotherapy) as a psychotherapeutic counsellor. In addition, those that wish may apply individually to the BACP (British Association for Counselling and Psychotherapy).

The PGCert may be taken as a stand-alone course, though it is not a clinical practitioner status course, or it may equip you to apply for higher level graduate courses, such as the Postgraduate Diploma. On successful completion, you may apply to continue on to this course's related Postgraduate Diploma in Psychodynamic Counselling course where a clinical and placement element will be added, with the aim of bringing trainees to practitioner level.

Trainees on the PGDip may then apply to continue on to the MSt in Psychodynamic Practice to do supervised research and advanced clinical work.

The course runs one evening a week over three terms at the Department for Continuing Education and consists of:

- term-time weekly theory-and-practice workshops organised around a key dimension of psychodynamic practice - 'The Psychodynamic Approach', 'Therapeutic Processes and Skills' and 'Therapeutic, Practical and Ethical Implications'
- experiential groups
- two tutorials per term with a course tutor
- four written assignments
- one Saturday workshop and one Saturday revision day.

Extensive regular reading and private study of at least 10 hours per week between the taught periods is recommended.

The course tutors will support and guide you in regard to your academic work, and offer a forum for the discussion of personal and professional development. Pastoral tutorials, to assist you in coping with the psychological demands of the course, are optional and confidential except in extreme circumstances. All tutors are professionally qualified and accredited counsellors or psychotherapists.

Please note for your own interest that no applicant currently in therapy/counselling with a course tutor will be admitted to the course.

The PGCert course runs annually, while the PGDip and master's courses are on a two-year cycle. A post-certificate seminar series is held on alternate years, when there is not an intake for the PGDip

directly following the PGCert. The seminar series gives the opportunity for consolidation of certificate learning and facilitates a progression in psychodynamic thinking.

#### Counselling introductory courses

Counselling Introductory Courses are also run, separately to this PGCert - details are available in the Weekly Classes section of the Department for Continuing Education website, or from the Weekly Class Administrator via telephone at 01865 280893.

#### Changes to courses

The University will seek to deliver each course in accordance with the descriptions set out above. However, there may be situations in which it is desirable or necessary for the University to make changes in course provision, either before or after registration. For further information, please see the University's Terms and Conditions.

#### Expected length of course

9 months

#### Annual fees for entry in 2017-2018

Fee Status	Tuition fee	College fee	Total annual fees
Home/EU (including islands)	£4,240	N/A	£4,240
Overseas	£7,880	N/A	£7,880

The fees shown above are the annual tuition fees for this course for entry in the stated academic year; for courses lasting longer than one year, please be aware that fees will usually increase annually. Information about how much fees and other costs may increase is set out in the University's Terms and Conditions. College fees are not generally payable for non-matriculated courses although a small number of courses may permit college affiliation for which a charge will be made.

Tuition fees are payable each year for the duration of your fee liability (your fee liability is the length of time for which you are required to pay tuition fees).

#### Additional cost information

This course has sessions in Oxford. You will need to meet your travel and accommodation costs in attending these sessions. You are not required to take any therapy sessions for this course, however some students choose to do so. If you choose to take therapy, you will be responsible for the cost incurred. Therapy ranges from c £40 - £80 per hour, and possibly more in London, but some therapists offer reductions for students.

## Living costs

**In addition to your fees, you will need to ensure that you have adequate funds to support your living costs for the duration of your course.**

The likely living costs for 2017-18 are published below. These costs are based on a single, full-time graduate student, with no dependants, living in Oxford. We provide the cost per month so you can multiply up by the number of months you expect to live in Oxford.

	Likely living costs for 1 month		Likely living costs for 9 months		Likely living costs for 12 months	
	Lower range	Upper range	Lower range	Upper range	Lower range	Upper range
<b>Food</b>	£250	£350	£2,250	£3,150	£3,000	£4,000
<b>Accommodation</b>	£538	£619	£4,844	£5,569	£6,459	£7,425
<b>Personal items</b>	£115	£255	£1,035	£2,295	£1,380	£3,060
<b>Social activities</b>	£40	£119	£358	£1,073	£477	£1,431
<b>Study costs</b>	£38	£83	£338	£743	£451	£991
<b>Other</b>	£22	£45	£196	£407	£261	£543
<b>Total</b>	£1,002	£1,471	£9,021	£13,237	£12,028	£17,649

When planning your finances for any future years of study in Oxford beyond 2017-18, you should allow for an estimated increase in living expenses of 2% each year.

More information about how these figures have been calculated is available at [www.ox.ac.uk/admissions/graduate/fees-and-funding/living-costs](http://www.ox.ac.uk/admissions/graduate/fees-and-funding/living-costs).

20 October 2016