Michaelmas, Week 2

View newsletter online



### #ActiveatOxford

With a growing body of evidence pointing to the benefits that sports and physical activity can have on both physical and mental health, there's never been a better time to get active. #ActiveatOxford is all about getting active your way, whether that's joining a sports club, cycling around Oxford, or taking an evening walk. Taking small steps to be more active can have a big impact on your wellbeing. Visit the official <u>Active at Oxford homepage</u> to find out more.



#### Brexit: stay up-to-date

There is ongoing uncertainty about the UK's exit from the EU in the run up to 31 October. The Oxford and the EU page on the Oxford Students website is updated on a regular basis with information about how Brexit may impact Oxford students, so please keep checking back. You are also invited to a special event on Thursday 7 November hosted by the Vice-Chancellor Professor Louise Richardson, which will give you an opportunity for you to raise questions about Brexit. Places are limited, so <u>register in advance</u>. EU students can also attend a short presentation and Q&A about the EU Settlement Scheme at the Exam Schools on Thursday 24 October from 2-3pm. See the <u>Student Immigration webpage</u> for further details and how to book.

#### Read more



## Take action if you forgot to register

Registration for Michaelmas closed on Friday 18 October. If you still need to register, contact your college urgently (or department if you don't have a college). Student loans (where



#### Alternative arrangements deadline

The deadline to apply for <u>alternative</u> <u>arrangements</u> adjustments to your exams taking place in Hilary Term 2020 is week 4 of Michaelmas Term (8 November). Applications applicable) may not be released until registration is confirmed. Once you have been registered by your college or department, log in to <u>Student Self Service</u> to verify your personal details over a series of nine screens. If you do not complete this process, you won't be able to access important academic information throughout the year, including an up to date enrolment certificate to prove your student status. must be discussed and submitted through your college. If any scheduling adjustments are required for exams, including adjustments for religious observance reasons, these must be applied for as soon as possible. Further information can be found on the <u>student</u> <u>website</u>.

## **Academic Life**

#### Welcoming new students to Canvas at Oxford

We started rolling out Canvas, our new virtual learning environment, across the University in 2018. It will now be used by the majority of first year students at Oxford. If that's you, we're hoping you find it easy and intuitive, as well as a great place to access all course materials. Canvas also has a student app, handy for accessing courses on the go. Your academic will let you know if you are using Canvas on your course. Find out more about Canvas online.

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# Al in Education: Michaelmas term events

Want to attend a series of lunch-time talks on Artificial Intelligence in Education? Presentations by internal and external speakers will focus on the role AI can and will play in teaching and learning, introduce new tools and applications that can enhance your learning experience, and reflect on the positive and negative impacts of AI in education.



# Make the most of tech for your studies: Digiknow sessions

If you want to improve the way you use technology when it comes to your studies, there are a range of Digiknow sessions available for booking. Learn how to: create infographics and flow charts, improve language learning with apps, get and use free images, format documents for accessability anf readability, and more. Visit the <u>Digiknow</u> blog to book.

### **Oxford Life**



### #WelcometoOxford competition winners

Thank you to everyone who shared posts using the #WelcometoOxford hashtag. You can take a look at some of the Twitter submissions via our <u>Twitter Moment</u>. We have also posted a few of the Instagram submissions on our <u>Instagram page</u>. After sifting through your submissions, we can confirm that our winners are: **@rosario\_rs** (Instagram), **@tianyifrank1** (Twitter), **@katiebacon** (Twitter), **@adriansjoevold** (Instagram) and **Maria Prange**-

Barczynska (Facebook). If you're a winner, please e-

mail <u>academicadmin.comms@admin.ox.ac.uk</u> from your University email address to arrange a time to pick up your official Oxford hoodie.





#### **#BlackHistoryMonth at Oxford**

Exhibitions are running across colleges, celebrating the achievements of stand out alumni, staff and Fellows. The artwork expands on the Diversifying Portraiture initiative, launched in 2017 to broaden the range of people represented around Oxford. Those honoured include <u>Naomi Kellman</u>, <u>Professor</u> <u>Dapo Akande</u>, <u>Alexandra Wilson</u>, <u>Renee</u> Kapuku and <u>Dr Anne Marie Imafidon MB</u>.

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### Take over the @OxUniStudents Instagram page

We're looking for students to take over the official <u>Oxford Students Instagram page</u> for a week at a time this term. Think you've got what it takes to create some amazing content and keep our 10,000+ followers engaged? Email via <u>academicadmin.comms@admin.ox.ac.uk</u>. Don't forget to include your personal Instagram handle in the e-mail

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## Seven amazing collections to discover for free

Students enjoy free admission to the University's Gardens, Libraries and Museums including exhibitions. Feast on archaeological treasures at the Ashmolean; view extraordinary maps at the Weston Library, including maps by CS Lewis and JRR Tolkien; and travel back in time at the Museum of Natural History. Just show your University Card for free entry.



# Are you interested in volunteering?

work to tackle social and environmental challenges throughout Oxford City, and our 800+ volunteers can be found supporting the local community and environment on any given day of the week. If you're interested in helping with environmental, youth, or community programmes, visit the official <u>Oxford Hub</u> website to find out more.

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#### Read more

#### Oxford Thinking raises over £3 billion

Thanks to the generosity of over 170,000 donors, the Oxford Thinking Campaign has raised £3.3 billion since it began in 2004. Donations are supporting a wide range of activities including access and outreach schemes, bursaries, scholarships, academic posts, research programmes and a number of buildings – such as the Weston Library, the Andrew Wiles Building, and the recently completed HB Allen Centre at Keble College. Find out more about the impact of philanthropy at Oxford.

### Welfare & Wellbeing

#### Wellbeing research for first year students

If you are a first year undergraduate, you will have received an email inviting you to take part in the <u>U-Flourish study</u>. U-Flourish is a run by a team of researchers based in the Department of Psychiatry, and taking part will help them get a better understanding of the mental health and wellbeing of first year students. Check your University email to find a link to the survey.

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### **Research & Innovation**



# Research highlight: Nothing clinically "wrong" with obsessive gamers, new study finds

Research by the University, carried out in partnership with Cardiff University, and published in Clinical Psychological Science, has found little evidence to suggest an unhealthy passion for gaming amongst adolescents, often referred to as 'gaming addiction'.



### **Stay Informed**

Stay informed with what's going on at Oxford by following our official <u>Instagram</u>, <u>Twitter</u> and <u>Facebook</u> page. You can also find out about news and events on the <u>Oxford Students website</u>.



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