



## #ActiveatOxford New Year Challenge: Get active and win a hoodie

The new year means new opportunities to get [Active at Oxford](#), and to give 2020 a fresh and healthy start. We want to see photos and videos of you achieving your sporty new year's resolutions - and our favourite ten posts will win an Oxford University hoodie. Whether it's taking a walk, swimming with friends, or training hard for your Varsity match, share your posts with us on social media using the #ActiveatOxford hashtag until Monday 10 February, to be in with a chance of winning.

[Read more](#)

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## Academic Life



## Language Centre – Hilary term course enrolment now open

The Language Centre is the University's home for students who want to improve their language skills. The Centre offers teaching across 11 modern languages with flexible study options to suit everyone, including term-time courses and one-week intensive courses, from beginner to advanced. Languages include Arabic, Dutch, French, German, Italian, Japanese, Mandarin, Modern Greek, Portuguese, Russian and Spanish. If English isn't your first language, the Academic English courses can help you improve your academic spoken and written communication – building skills and increasing confidence. For more information, please visit the [website](#) or email [admin@lang.ox.ac.uk](mailto:admin@lang.ox.ac.uk).

[Read more](#)

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## Booking now open for exam study skills seminars, mock exams and orientations

Exam study skills seminars, mock exams and exam orientation seminars are held throughout Hilary term and Trinity term with events starting from 20 January. These events are designed to help you prepare for exams by providing advice on revision, preparation, time management and regulations, whilst enabling you to familiarise yourself with the exam venues and ask staff any questions you have in relation to your exams. Further information and booking details are [available online](#).

[Read more](#)

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## Oxford Life



## Make a difference at Oxford with the Student Advisory Group

Share your views about University with the Student Advisory Group. As a member you'll have the opportunity to hear the opinions of other students and share your own thoughts on student campaigns, new initiatives, events, changes to University processes and more. The meetings take place once a term – with pizzas provided. In addition to attending termly meetings, you may also be asked to respond to three online polls per term. Interested in joining? Simply [fill out the online application form](#) by midday on Friday 24 January. The group is a joint initiative by the University and Oxford SU. The Hilary term meeting will take place from 12-2pm on Tuesday 18 February. For further information see the [Student Engagement page](#) on the Oxford Students website.

[Read more](#)

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## More Black British students than ever choosing Oxford

Last week the University announced that more than 22% of undergraduate students starting in 2019 were Britons from Black and Minority Ethnic (BAME) backgrounds – up from 18% on the previous year's UCAS admissions statistics. The overall proportion of Black students admitted is up from 2.6% in 2018 to 3.1% in 2019. This update comes following the announcement of the [Oxford-Arlan Hamilton & Earline Butler Sims Scholarship](#) which will provide a full non-repayable scholarship covering fees and living costs for one black undergraduate student per year, for three years beginning in 2020. As well as continued efforts to sustain an inclusive student body, attention will be given to ensuring that the University environment is as inclusive as it can be, from the curriculum studied to the behaviours observed.

[Read more](#)



## Veganuary Student Blog

Since 2014, [Veganuary](#) has inspired and supported more than half a million people in 178 countries to try vegan for January - and beyond. To celebrate Veganuary, Keble College student Paula Kirchhof shares a [blog](#) with us, on the benefits of a plant based diet.

[Read more](#)

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### UNIQ applications close Monday 27 January

Since applications opened in December, we have seen a record number of students apply to [UNIQ](#). UNIQ targets students from state schools and areas which are under-represented among Oxford undergraduates. The students spend a week in Oxford living in a college and learning about Oxford life. If they go on to apply to Oxford, students taking part in UNIQ have a much better success rate than the average applicant. Please help support UNIQ by encouraging students to apply via your social media pages or by forwarding more information on to friends and family. The deadline for applications is Monday 27 January.

[Read more](#)

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### Seven amazing collections to discover for free

Did you know that students enjoy free admission to the University's Gardens, Libraries and Museums - including exhibitions? Discover the origin of animals at the Museum of Natural History, learn about the myriad stories behind maps at the Weston Library, and explore a range of famous artists at the Ashmolean Museum. Just show your University Card to enjoy free admission. Visit [Mindgrowing.org](http://Mindgrowing.org) to learn more about the University's collections and find out what events are taking place this month. You can also sign up for a termly student newsletter by emailing [communications@glam.ox.ac.uk](mailto:communications@glam.ox.ac.uk).

[Read more](#)

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## Take over the official Oxford Students Instagram page

It's the start of a new term and we're looking for more students to take over the [Oxford Students' Instagram page](#). Showcase your photography and share images about your course, club, college or general student life. To volunteer, email [academicadmin.comms@admin.ox.ac.uk](mailto:academicadmin.comms@admin.ox.ac.uk) from your University e-mail address and make sure you include your Instagram handle.

[Read more](#)



## 2020 University of Oxford Desk Diaries

2020 University of Oxford Desk Diaries are now available from the Print Studio at £4.75 each. To order yours contact the Print Studio on [printstudio@admin.ox.ac.uk](mailto:printstudio@admin.ox.ac.uk) or 01865 270029. The studio can also print dissertations, posters, leaflets and other material at competitive rates. Order your business cards through the Student Gateway.

[Read more](#)

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## European Union Settlement Scheme

EU student? Come to [a presentation](#) by the Student Immigration Team if you want information about staying in the UK. The presentation will take place at the Exam Schools on Thursday 23 January from 1.30pm-2.30pm. We will answer your questions about applying and you can talk to an adviser individually following the presentation.

[Read more](#)

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## Careers & Entrepreneurship





## The Micro-Internship Programme: Hilary Term 2019/20

Applications for this term's [micro-internship](#) opportunities open Wednesday 15 January, with placements taking place in Week 9 and 10 of Hilary term. Micro-internships are short-term work experience placements (two to five days), which take place at the end of each term and are full-time and voluntary. The placements are available exclusively to current, matriculated Oxford students. To get involved, simply sign-in to [CareerConnect](#) from Wednesday to see what's on offer this term, and make up to two applications. Available opportunities cover arts and heritage, fashion, consultancy, education, not-for-profits and more. If you have any questions, contact [micro-internships@careers.ox.ac.uk](mailto:micro-internships@careers.ox.ac.uk). The deadline for applications is midday, Monday 3 February 2020.

[Read more](#)

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## Bursaries & Scholarships

### Chinese Government Scholarships

The [China Scholarship Council \(CSC\)](#), in collaboration with the People's Republic of China (PRC) Embassy in London, are now accepting applications for all citizens (outside the People's Republic of China), who are currently at the University of Oxford, to study a variety of disciplines at a wide choice of Chinese universities in year 2020-21. Each year Oxford can usually make eight to ten nominations. The [scholarship](#) covers tuition, lodging, medical insurance, and a living stipend. Internal deadline for applications is Thursday 13 February. For the full range of study abroad opportunities, visit the [Oxford Students website](#).

[Read more](#)

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## Research & Innovation





### **Research highlight: Combined vitamin D and calcium supplements reduce fracture risk**

Taking vitamin D and calcium supplements reduces the risk of hip fractures by about one sixth, but taking vitamin D alone does not, according to a new study from the Nuffield Department of Population Health (NDPH) at the University of Oxford.

[Read more](#)



### **Stay Informed**

Stay informed with what's going on at Oxford by following our official [Instagram](#), [Twitter](#) and [Facebook](#) page. You can also find out about news and events on the [Oxford Students website](#).



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